

PARENTS AS EDUCATION AND CAREER COACHES RESOURCE SHEET

To summarize:

- We discover our values, interests and skills
- We match these values, interests and skills with careers
- We explore the education needed for our career

Step One:

- Discover our values, interests and skills – we can do this as parents and students together in discussion, or with career counsellors, or online

Step Two:

- Match our values, interests and skills to careers by getting more information about careers:
 - By discussing with people in these careers
 - By trying them out through volunteer work
 - By searching online
- Explore www.workbc.ca for potential careers
 - Under Jobs and Careers and Explore Careers – enter a career title (eg: civil engineering or actor or interior design) Here, we can find out information about a career; compare other careers and watch videos.
 - Be sure to check out the most recent edition of BC's Labour Market Outlook: <https://www.workbc.ca/Labour-Market-Industry/Labour-Market-Outlook.aspx>
 - For quick access to videos, click on "Career Trek"
- If we are interested in the trades, check out Industry Training Authority of BC's (ITA) website:
 - www.itabc.ca – click on youth in trades and find information on possible careers and education routes, apprenticeships, etc.
 - Interested in trades programs across Canada? Visit: www.careersintrades.ca

Step Three:

- Explore the training/education needed to have that career at www.educationplannerbc.ca (Let's pick engineering, acting, and interior design)
 - On the homepage – in Search – by program – enter a keyword – these pages will give you all the details as to the length, location, costs, prerequisites, etc. required for the training needed to have a career in a certain field.
 - In Plan – Under 'People of Post-Secondary', review all the information provided and check out the resources
 - Check out the BC Transfer Guide – see how courses transfer throughout the BC system. www.bctransferguide.ca

There are also other good sites to explore. Make sure you check other provinces' similar sites. Others you might be interested in:

- Government of Canada: Resources for Young Canadians - <https://www.canada.ca/en/services/youth.html>
- Government of Canada Job Bank: Career Planning Quiz – <https://www.jobbank.gc.ca/career-planning/quizzes>
- Government of Canada: National Occupational Classification - <http://noc.esdc.gc.ca/English/NOC/AboutNOC.aspx?ver=16>
- BC Government: Resources for Children and Youth - <https://www2.gov.bc.ca/gov/content/mental-health-support-in-bc/children-and-youth>
- BC Government: Student Transitions Project Reports and Data - <https://www2.gov.bc.ca/gov/content/education-training/post-secondary-education/data-research/student-transitions-project>
- WorkBC Labour Market Outlook 2018 Edition - <https://www2.gov.bc.ca/gov/content/education-training/post-secondary-education/data-research/student-transitions-project>
- WorkBC Resource Order Forms - <https://www.workbc.ca/Resources-for/Resources-for-Counsellors-Teachers-Parents/WorkBC-Resource-Order-Form.aspx>
- StatsCan 2016 Consensus - <https://www150.statcan.gc.ca/n1/daily-quotidien/171129/dq171129a-eng.htm>

***Or simply Google 'students and career planning' and you will find many, many more