

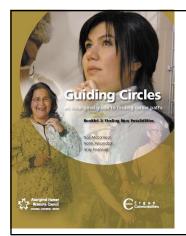
# **Guiding Circles:**

an Aboriginal guide to finding career paths

Step 1: understanding yourself

Focus: Self-assessment:

Who am I?



# **Guiding Circles:**

an Aboriginal guide to finding career paths

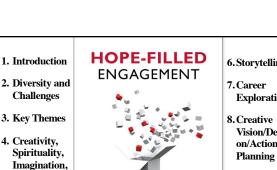
Step 2: finding new possibilities

Focus: Career Exploration & **Decision Making:** 

What can I do?

# **Guiding Circles Introductions**

- 1. Name?
- 2. Current Job? First paid work?
- 3. How many jobs have you had between your first paid job and your current job?



and Hope 5. Self-

in life/career counselling Assessment Gray Poehnell Norman E. Amundson

- 6. Storytelling
- **Exploration**
- Vision/Decisi on/Action
- 9. Keeping in Step with a Changing Career

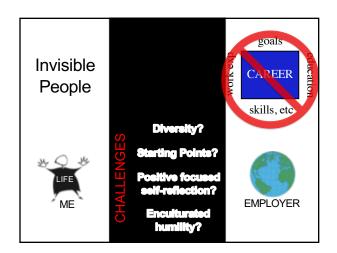


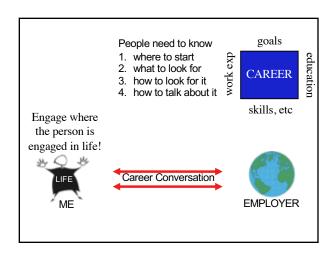
Holistic Life/Career Counselling

Creativity, Imagination, Hope new possibilities in life/career counselling

Gray Poehnell Norman E. Amundson

- Career Integrity
- Values
- Life Balance
- Interconnect -edness
- The Life/Career Conversation
- Creative Vision/Decisio n/Action Planning

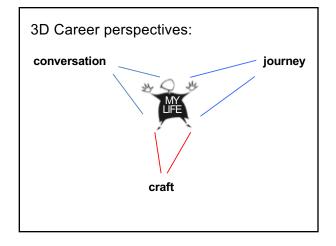


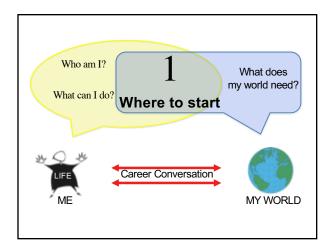


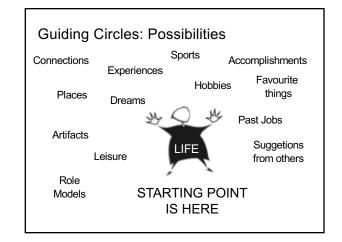
### **CAREER**

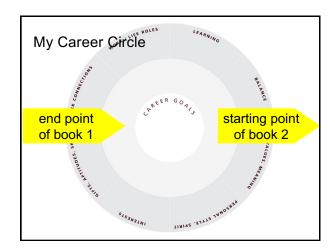
#### is about you,

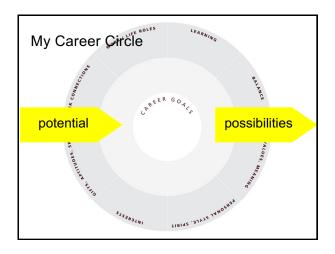
is about your world and your part in it,
is about your journey in this world,
is about crafting the life you really want to live
on your journey in this world.

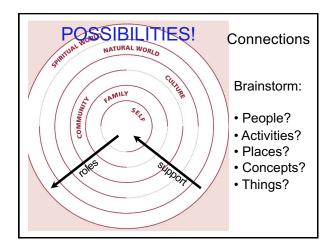


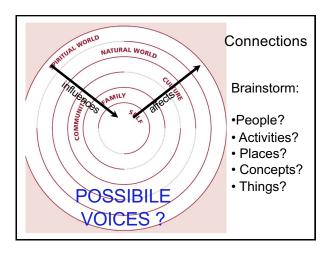


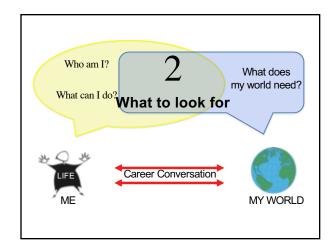


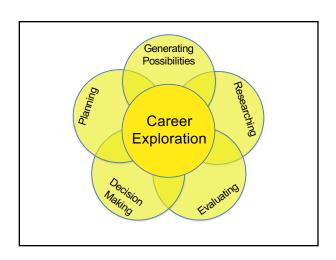


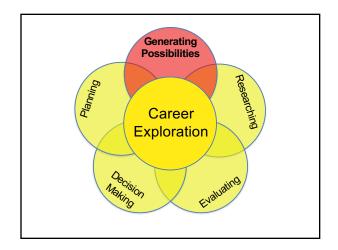


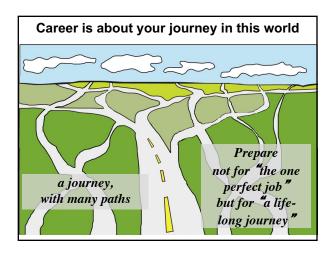


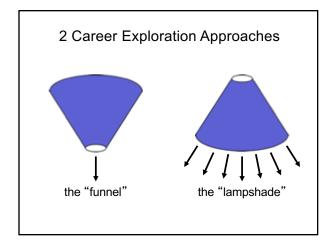


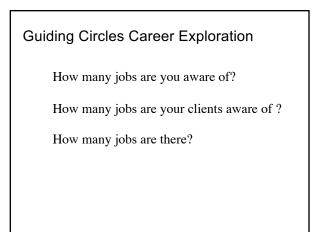


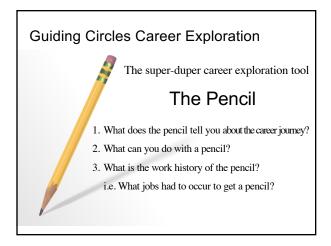


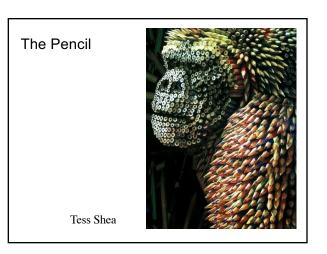


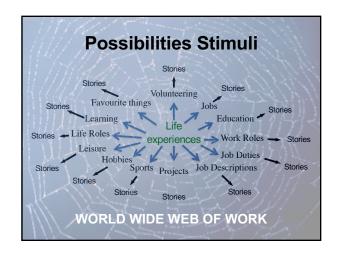


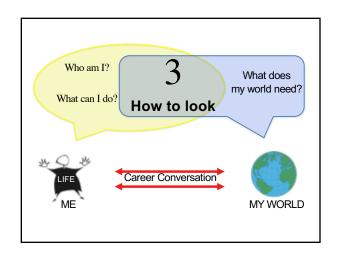


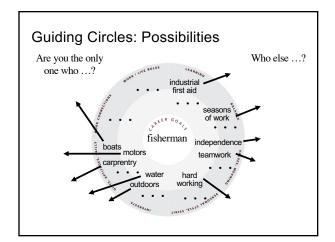


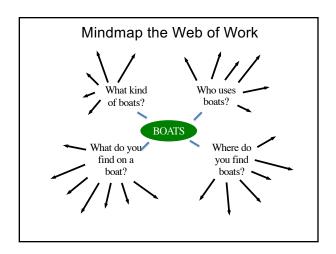












Guiding Circles: More Possibilities

A basic rule of learning

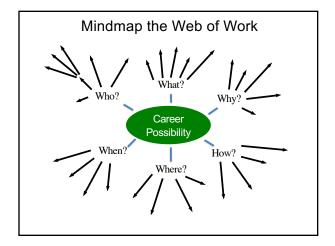
"Move from the known to the unknown"

Once mental connections have been stimulated, lists of careers will make more sense

Guiding Circles: Even More Possibilities

What is the problem
with career goals
like "nurse" or
"teacher"?

too general;
It is difficult to make specific decisions
from generalities:
look for details in self-assessment;
look for details in career exploration



Guiding Circles: Entrepreneurship

What is "entrepreneurship"?

What types of "entrepreneurship" are there?

# Guiding Circles: Entrepreneurship

Ontario Work Info Net

#### ONTARIO RESOURCES for Youth

http://www.onwin.ca/english/index.cfm?fuseaction=user\_group&usergroup=7
[this site appears to be no longer available]

[#12] Entrepreneur's ToolKit – Aboriginal Youth Network (AYN)

Got a great business idea? Check out AYN's Entrepreneur Quiz, and other activities, to see if you have that entrepreneurial spirit.

# Guiding Circles: Entrepreneurship

Entrepeneur Quiz: Entrepreneur Qualities

http://pathfinder.ayn.ca/entrepreneurQuiz.php

[this site appears to be no longer available]

Got a great idea? Want to be independent? Want to be your own boss? It's hard work, but it can be done. The first thing you should do is understand yourself and your career goals, which is why you should check out the Job Seekers section. There's plenty of information on self-assessment, career planning and training resources. Ask yourself these simple questions to see if you have that entrepreneurial spirit. For each of the following questions, select either 'YES' or 'NO'. When you have finished the mini quiz, click the button below labeled 'SCORE MY QUIZ'.

### Guiding Circles: Entrepreneurship

- $1. \ \ I \ get \ my \ greatest \ satisfaction \ from \ accomplishing \ goals \ I \ set.$
- 2. I'm a self-starter. I don't need to be pushed.
- 3. I'm willing to work hard to accomplish my goals.
- 4. I'm persistent. I don't give up too easily.
- 5. I like to build teams to work toward a common goal.
- 6. I'm self-confident. I know who I am and what I can do.
- 7. I'm willing to take risks, but I'm not a gambler.
- 8. I'm an active learner. I value new knowledge.
- 9. I treat failure as part of a learning process.
- Once I get started, I am passionately committed to achieving my goal.

### Guiding Circles: Entrepreneurship

- 1. How many on your clients would say "yes" to most of these?
- 2. How would most of your clients relate to these questions?

#### **PROBLEM**

Many of these quizzes are actually asking if a person is a business person or not.

What happens if you don't have a business personality?

Guiding Circles: Entrepreneurship

Confessions of a "Reluctant"

Entrepreneur

Guiding Circles: Entrepreneurship

For years
we got stuck thinking
about entrepreneurship
as a type of person
or even type of personality.

Jeff Cornwall, The Entrepreneurial Mind

Guiding Circles: Entrepreneurship

But this really got us no where, because in reality entrepreneurs come in all types, particularly when we start to look at them around the world.

Jeff Cornwall, The Entrepreneurial Mind

Guiding Circles: Entrepreneurship

# Challenge?

People who successfully create
their own work opportunities
come in all kinds of sizes and shapes but many
people wouldn't even consider
entrepreneurship
as an option to explore
because they think
they don't fit some "standard."

Guiding Circles: Entrepreneurship

Where do we start

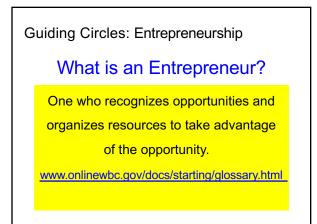
if we don't start

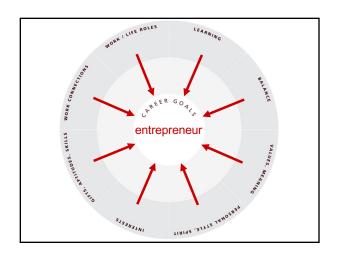
at the usual starting points?

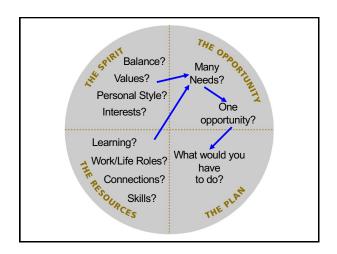
Guiding Circles: Entrepreneurship

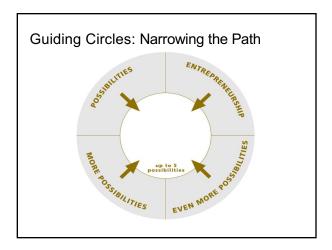
If we go way back to the French root of the word, entrepreneurship means

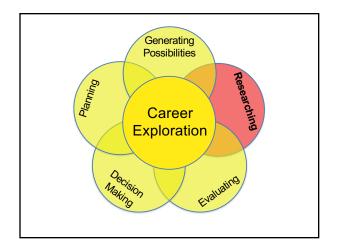
"to undertake, to attempt, to try in hand, to contract for or to adventure."

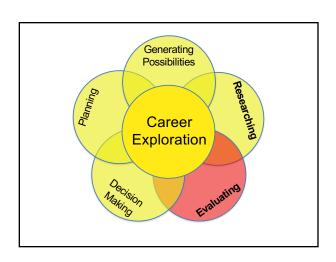


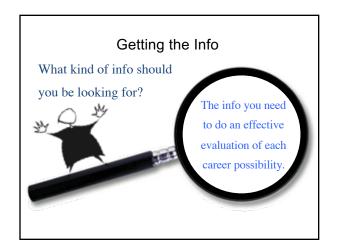


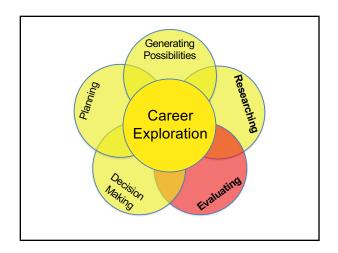


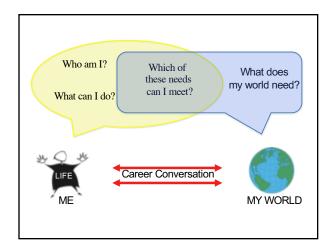


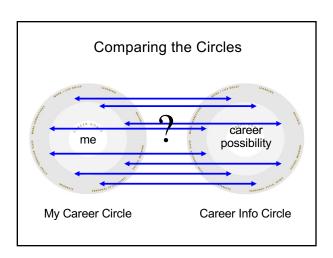


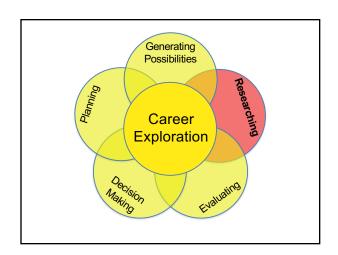


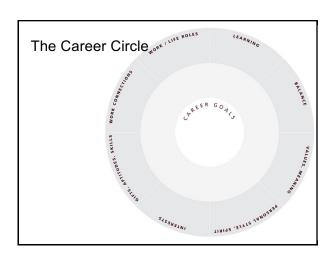


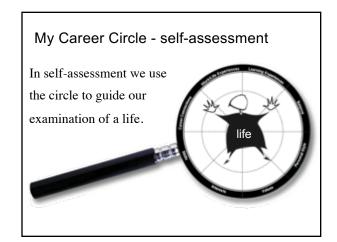


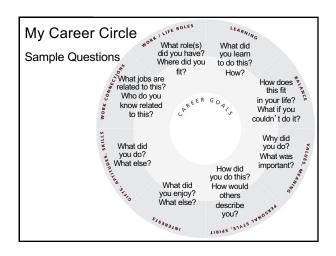


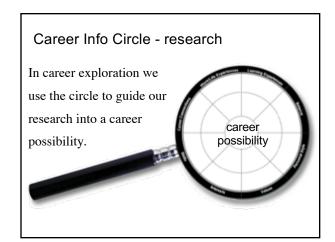


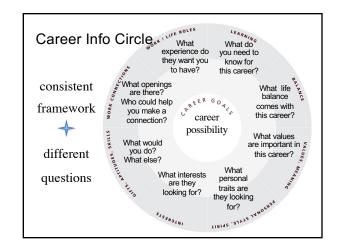


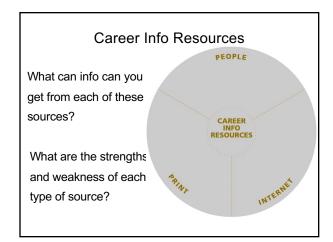


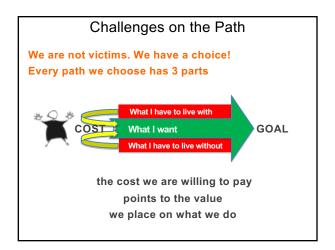






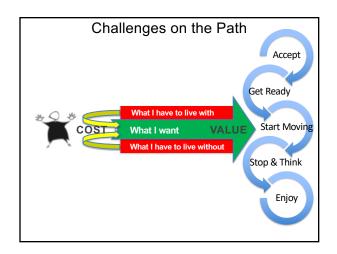


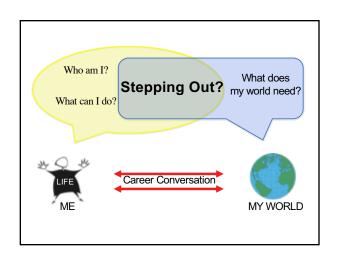






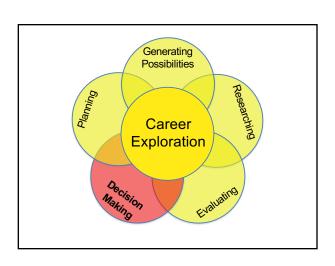


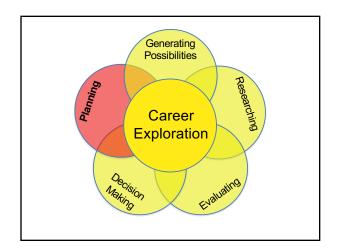


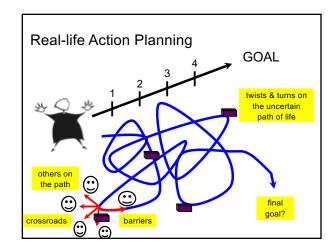


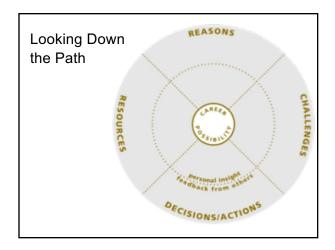
# Career Exploration Phases

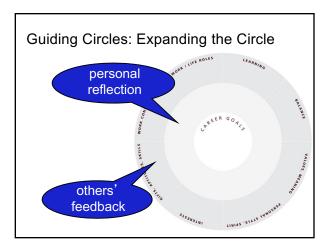
- 1. Generating career possibilities
- 2. Researching
- 3. Evaluating
- 4. Decision Making
- 5. Planning

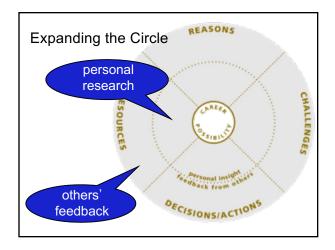


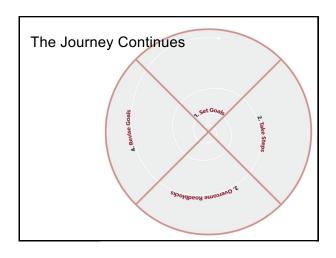








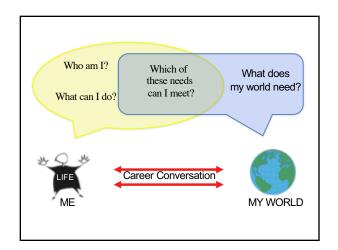




#### **CAREER**

#### is about you,

is about your world and your part in it,
is about your journey in this world,
is about crafting the life you really want to live
on your journey in this world.



To the question
whether I am
a pessimist or an optimist,
I answer
that my knowledge
is pessimistic,
but my willing and hoping
are optimistic



# **Guiding Circles**

- One thing I will take away from this workshop.
- One thing I am going to do after this workshop.

# To receive powerpoint handout:



Drop off a business card or email me with your contact info.

Gray Poehnell graypoehnell@mac.com www.ergoncommunications.com