


## Guiding Circles 1 & 2

Okanagan Training & Development Council

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Trainer  
Illiterate "Loser" ... Mathematician ... Greek Teacher ... Career Consultant  
Author

PROFESSIONAL


PERSONAL










Dr. Norm Amundson & Gray Poehnell



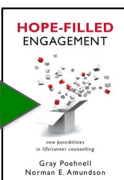
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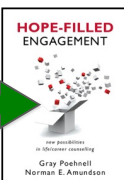



We specialize in the research, development, delivery, and publishing of career and employment counselling materials and programs



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Ergon Workbooks:


- Career Crossroads
- Career Pathways
- Career Pathways, Quick Trip
- CareerScope
- Guiding Circles, Step 1
- Guiding Circles, Step 2

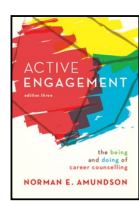
Ergon Books:

- Active Engagement
- Hope-Filled Engagement
- Physics of Living
- Metaphor Making

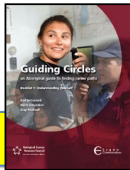

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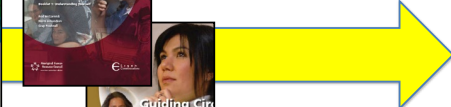


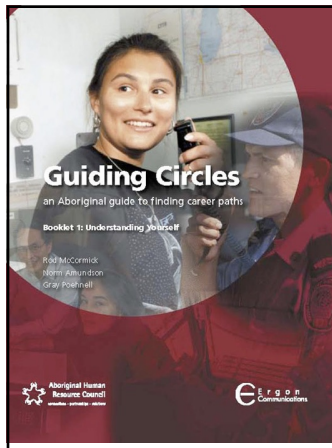


Active Engagement

Guiding Circles





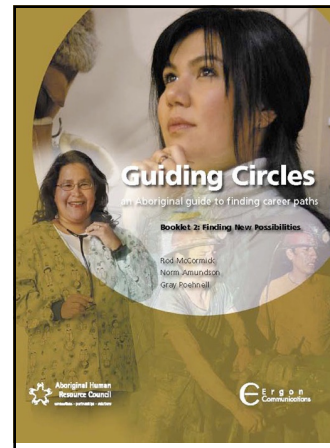
### Guiding Circles:

an Aboriginal guide to finding career paths

Step 1:  
understanding yourself

Focus:  
Self-assessment:

Who am I?



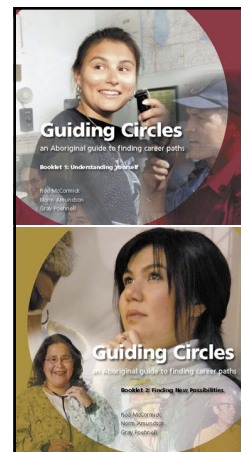
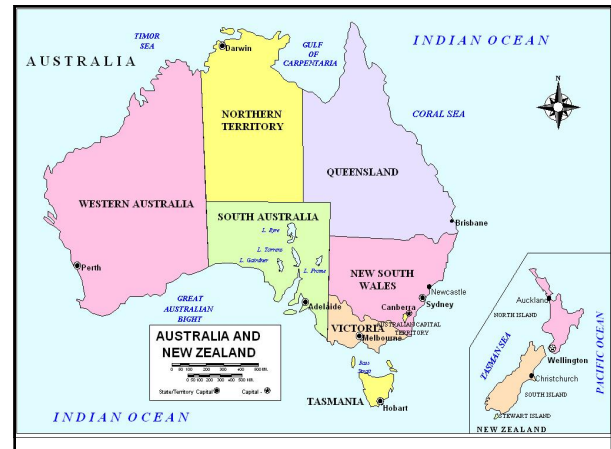
### Guiding Circles:

an Aboriginal guide to finding career paths

Step 2:  
finding new possibilities

Focus:  
Career Exploration & Decision Making:

What can I do?



Guiding Circles is

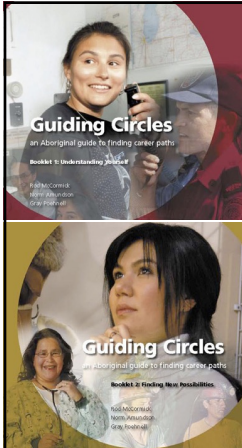
not a magic bullet

but one an attempt

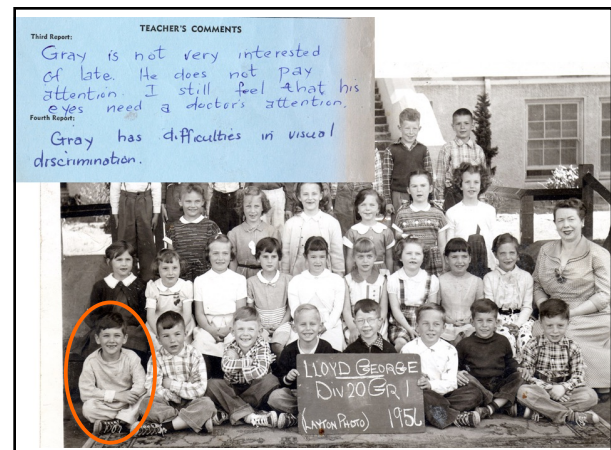
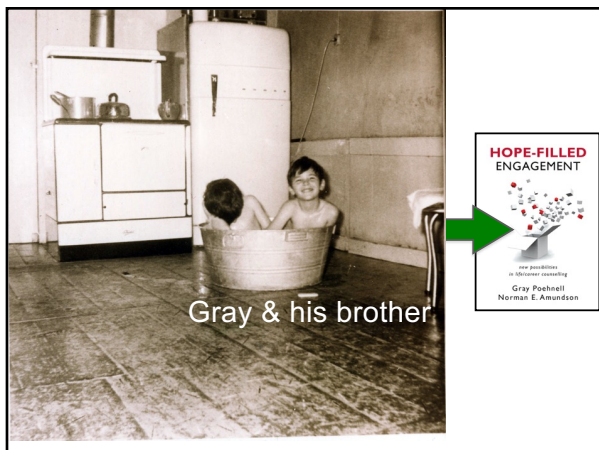
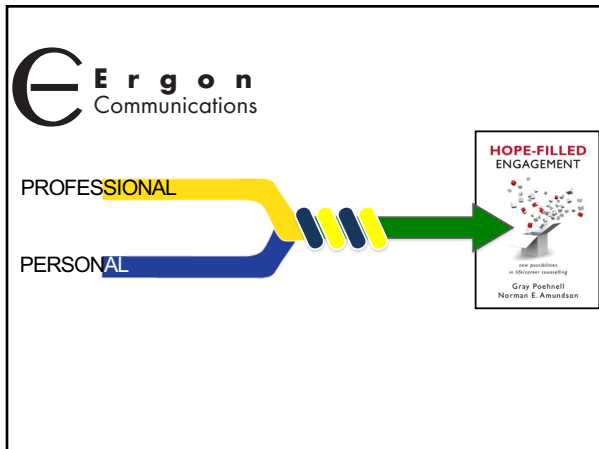
to find new ways

to engage people

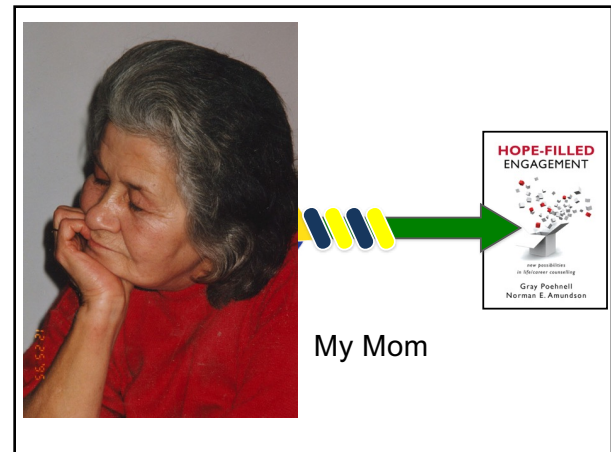
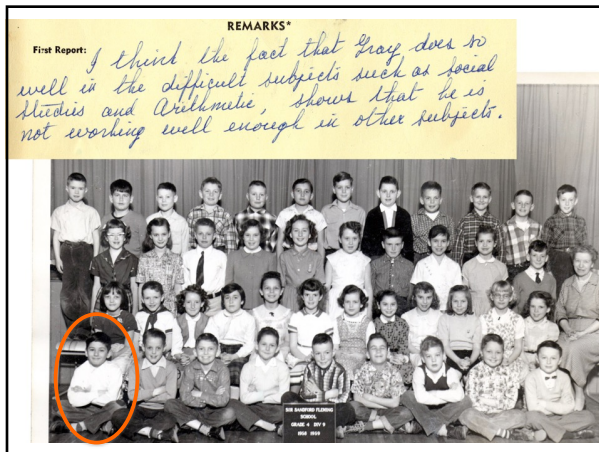
with hope



Guiding Circles is  
not so much a book  
as an a process, an  
approach  
  
— a hope-filled  
engagement







My Mom

### Introductions

answer the question

**WHO AM I?**

by completing the following...

My name is \_\_\_\_\_ and I am \_\_\_\_\_.

without referring to your job or "work" at all  
If you can't think of anything, just pass

### Introductions

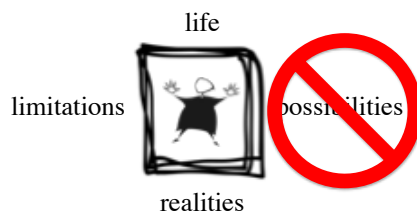
**WHO AM I?**

I am \_\_\_\_\_.

without referring to your job or "work" at all

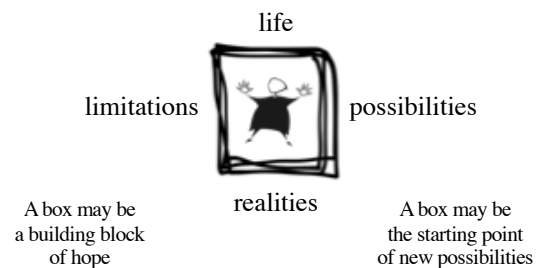
Did you find this easy or difficult?  
What made it easy or difficult?

### BOXED IN: A Crisis of Imagination

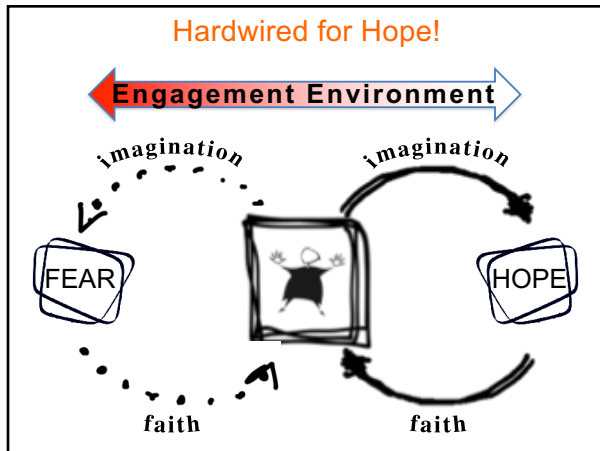
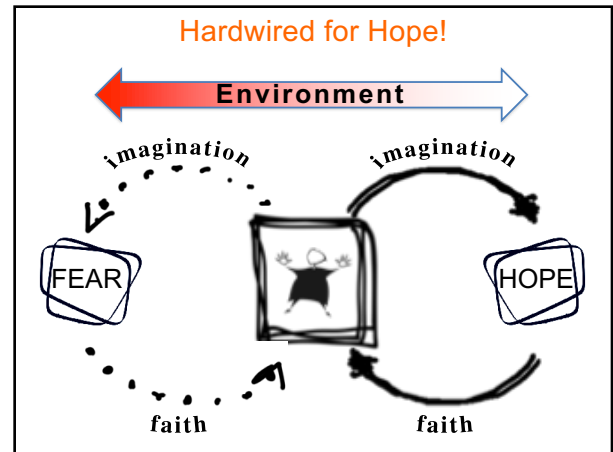
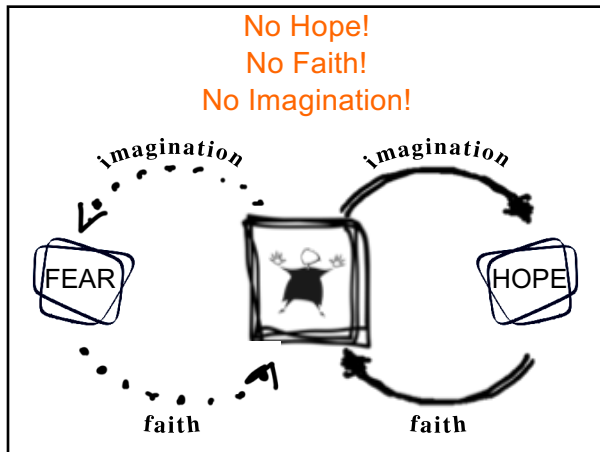


**HOPELESSNESS**

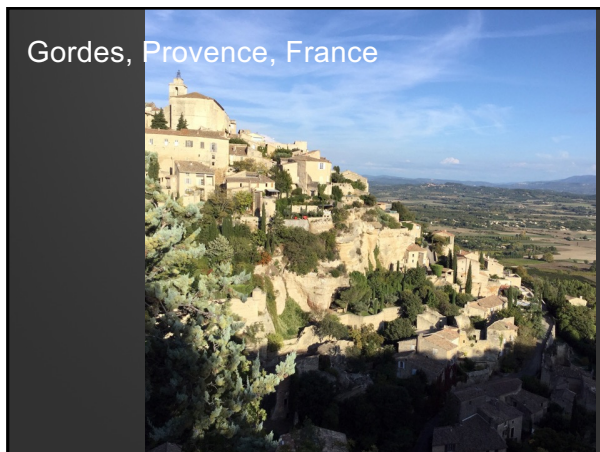
### BOXED IN: An Opportunity for Imagination

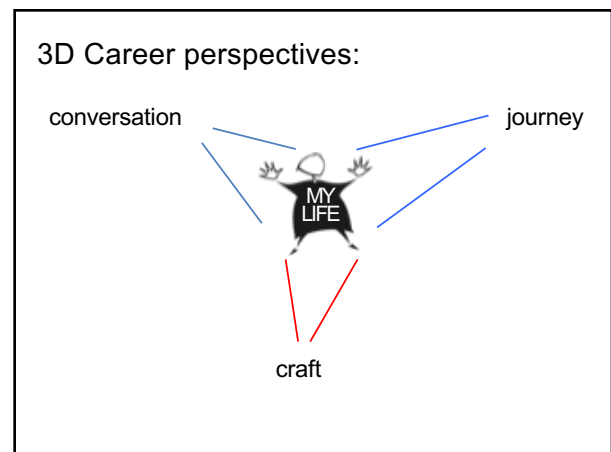
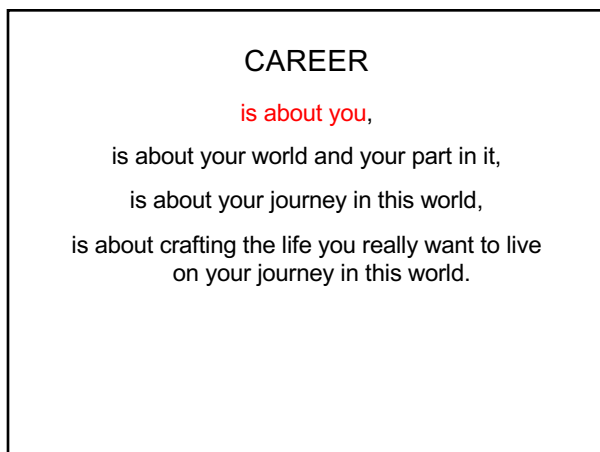
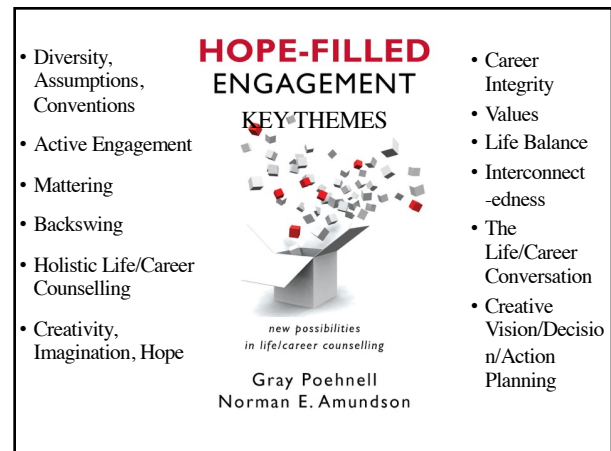
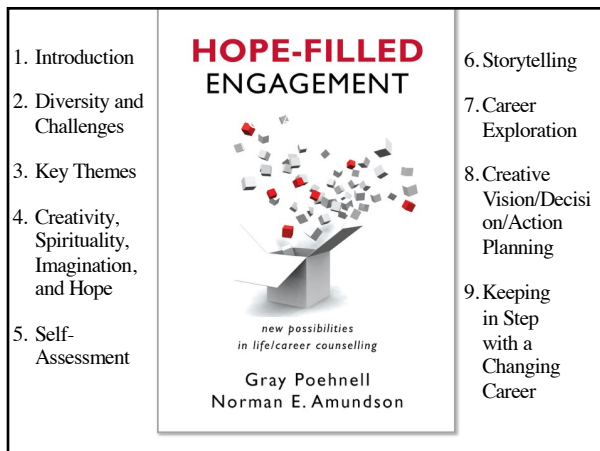






HOW TO MAKE  
HOPE **PRACTICAL?**





## 3D Career perspectives:

conversation

journey

MY LIFE

craft

## “Career” definition:

career — n

- a path or progress through life or history
- a profession or occupation chosen as one's life's work
- a course or path, esp a swift or headlong one

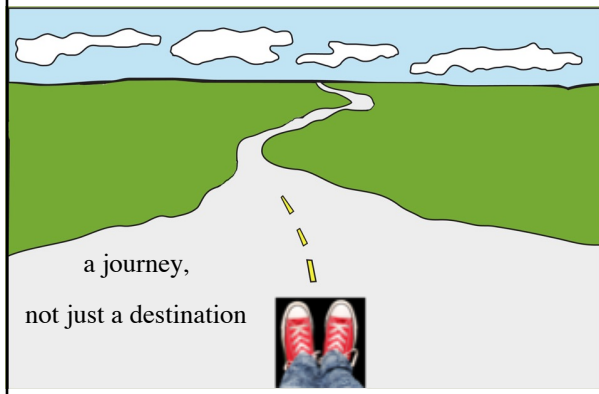
career — vb

- (intr) to move swiftly along; rush in an uncontrolled way

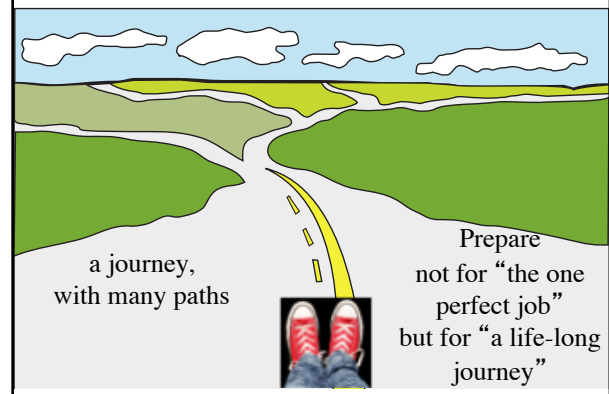
career — from French *carrière*, from Late Latin *carrāria* carriage road, from Latin *carrus* two-wheeled wagon, car ]

Collins English Dictionary -10th Ed.

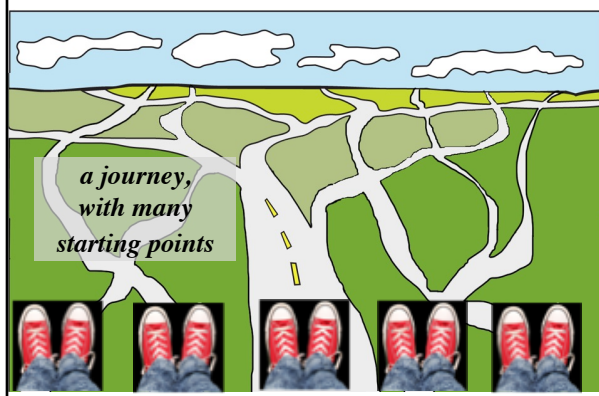
## Career is about your journey in this world



## Career is about your journey in this world



## Career is about your journey in this world



## 3D Career perspectives:

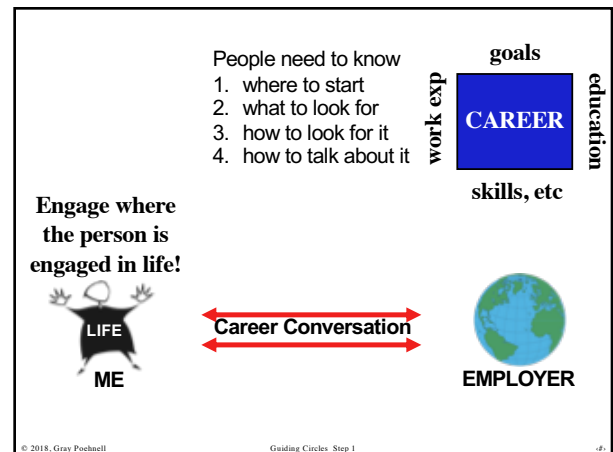
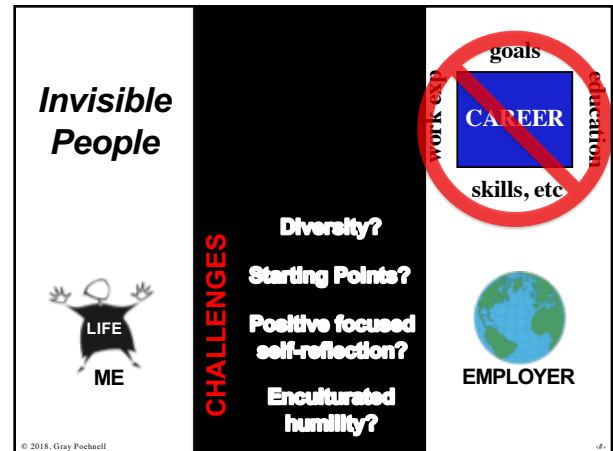
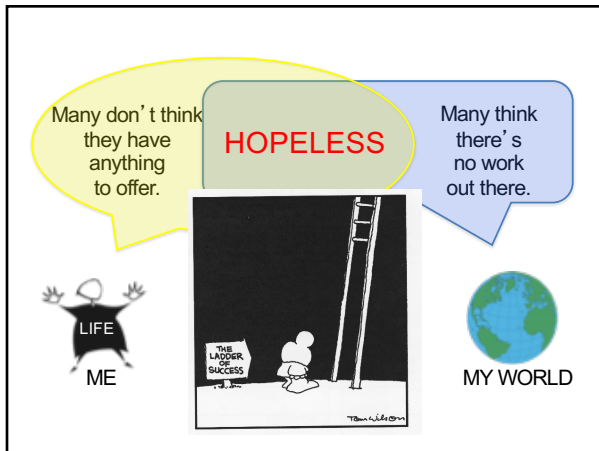
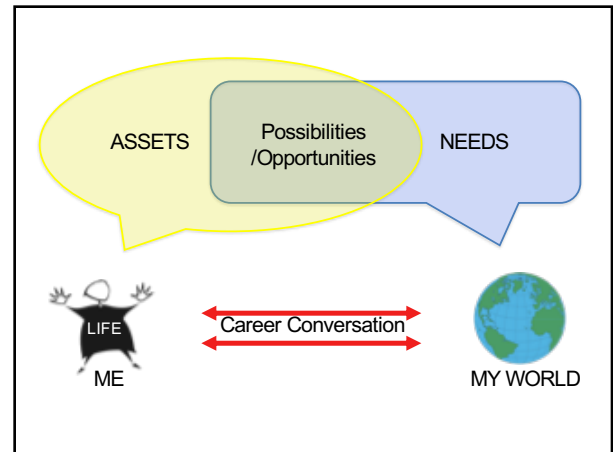
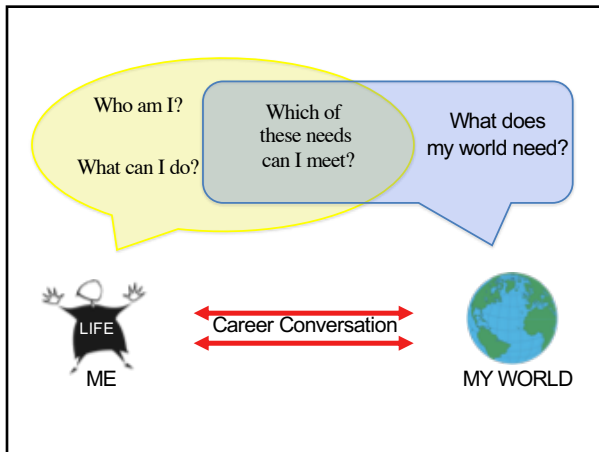
conversation

journey

MY LIFE

craft





management

1. first 5 words

craft

2. first 5 words

3. compare & contrast

3D Career perspectives:

**CareerCraft**

Craft is about doing or making something

- in a manner suggesting great care or ingenuity
- often in an improvising manner

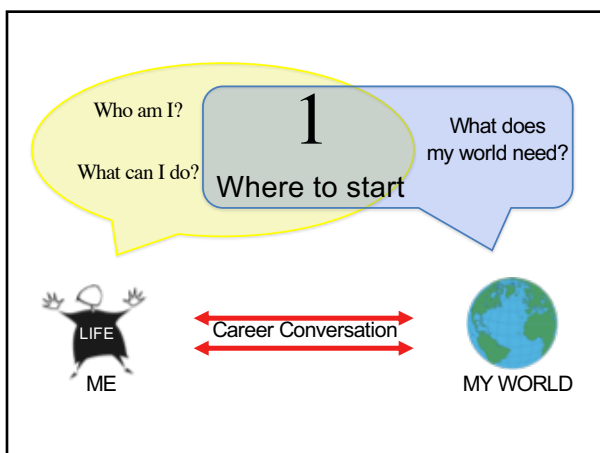
Craft can involve planning, making, or executing

**CareerCraft**

**CareerCraft**

Processes

**CareerCraft**



**Guiding Circles:**  
an Aboriginal guide to finding career paths

**Booklet 1:**  
understanding yourself

Focus:  
Self-assessment:

Who am I?

### The G.C. Book

Tyler Blyan & Justine Dumais



Well first it was the R P S, War Party to be the best  
And Buffalo Lake they want to test  
They ain't never heard no rappers rip like us  
Métis Mafia now who's ready to bust  
I'm telling all you rappers put you mic straight down  
Because you're trying to beat a king  
and you got no crown.

### The G.C. Book

I heard of four stabbings in Buffalo Lake  
Native, you end up in a body bag.  
Then first off it was AADAC Class  
And sometimes I wonder even if I did pass  
And if I didn't I'm just a kid with FAS  
But I'm trying to live my life just to make it the best

### The G.C. Book

Yo! The GC Book  
Gotta' take a look  
Yeah, it helps me see  
It's okay to be me  
It's a real cool tool  
Says ya' gotta stay in school  
Don't get off track  
Gonna' land on your back  
But June our friend  
Will help us again  
Gotta' stay in gear  
Gotta' find my career  
So you need this tool  
Ya' gotta' stay in school  
Don't be you Mama's fool  
Get a job!

### The G.C. Book

Now we're rappin' on stage and we're doing it live  
I'm telling you all who think of suicide  
Think of who you know  
Before you're ready to die  
I don't want no one to think like that  
That's why you listen to the words that I put in this rap  
I'll rap all day just so you get the message  
Of what I'm trying to say.



## The G.C. Book

Well, did you get it  
Or did you even think  
Don't you get the message  
That we're trying to bring  
If you didn't let me tell you one more time  
So let's kick it up a notch and let me bust a rhyme.

Do ya' get it? Do ya' get it? Do ya' get it?

## CAREER

is about you,

is about your world and your part in it,

is about your journey in this world,

is about crafting the life you really want to live  
on your journey in this world.

## Favourite Things

up to 12 things I  
like to do?

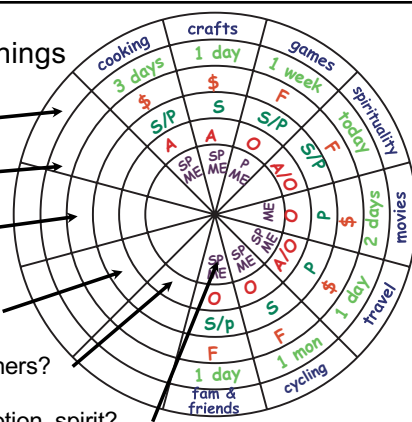
last time?

cost or free?

planned or  
spontaneous?

alone or with others?

mind, body, emotion, spirit?



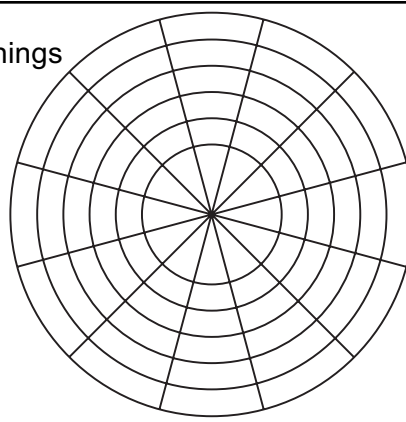
## Favourite Things

Any patterns?

Any thing  
surprising?

Easy or harder  
than the  
"Who am I?"  
question?

Why?



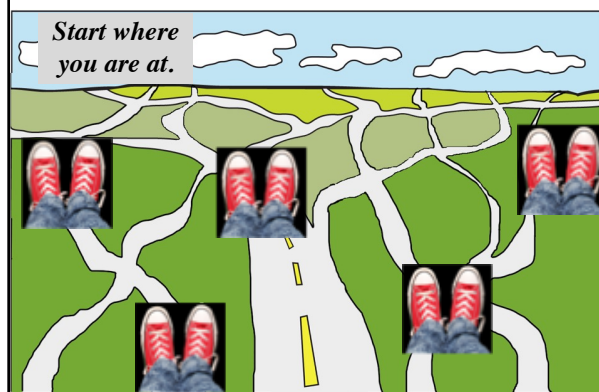
## Favourite Things Collage

What do  
you see?

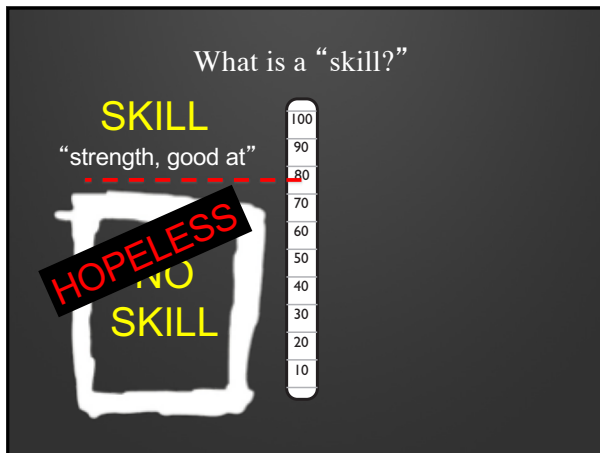
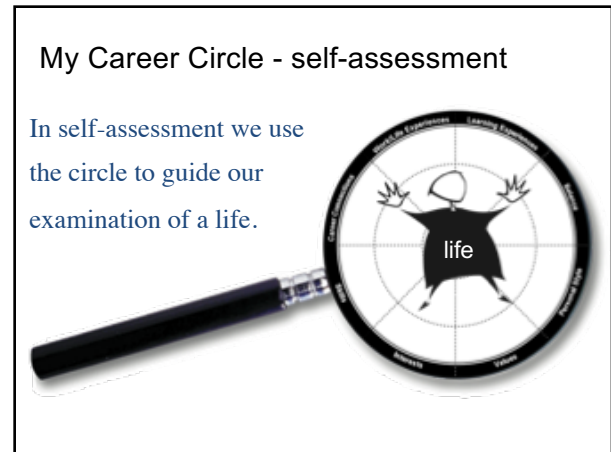
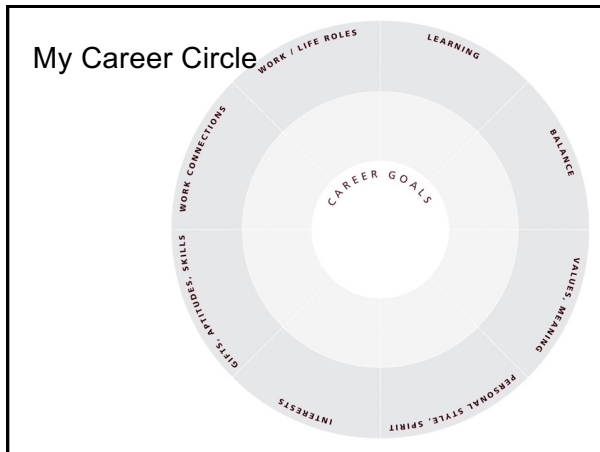


## A journey with many starting points

Start where  
you are at.



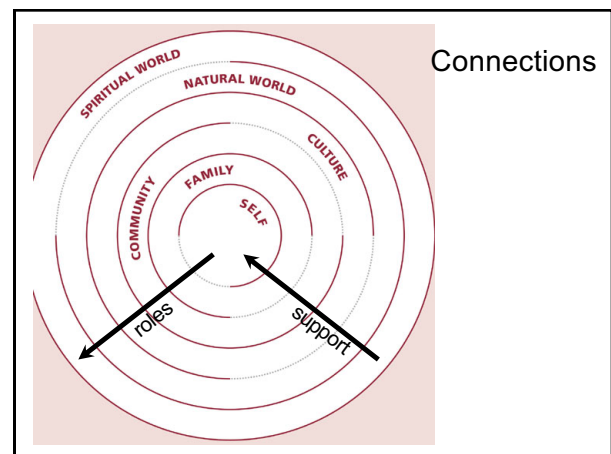




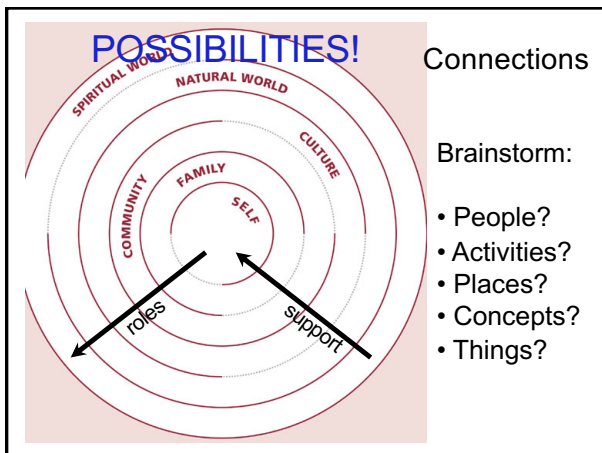
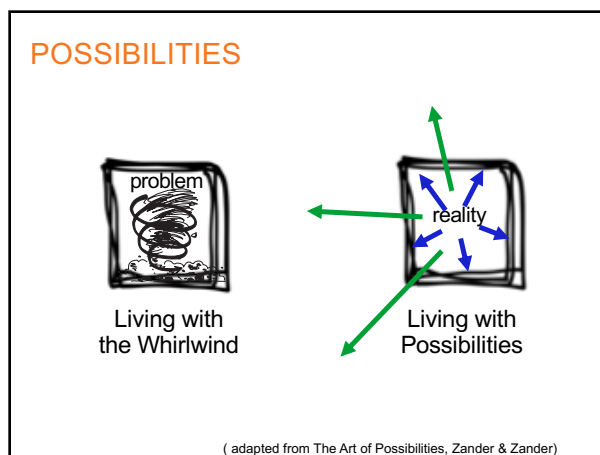
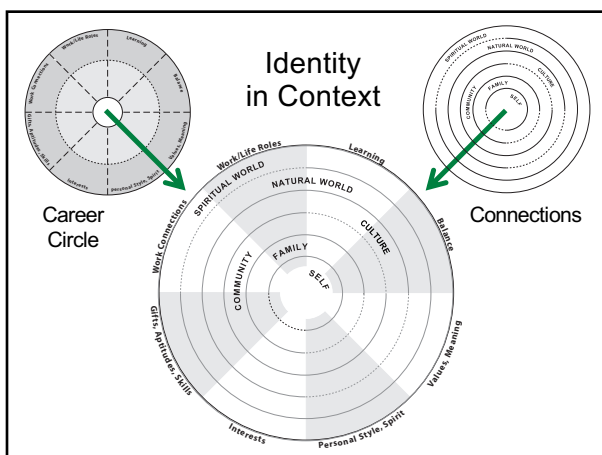
### Finding Hope in Grades

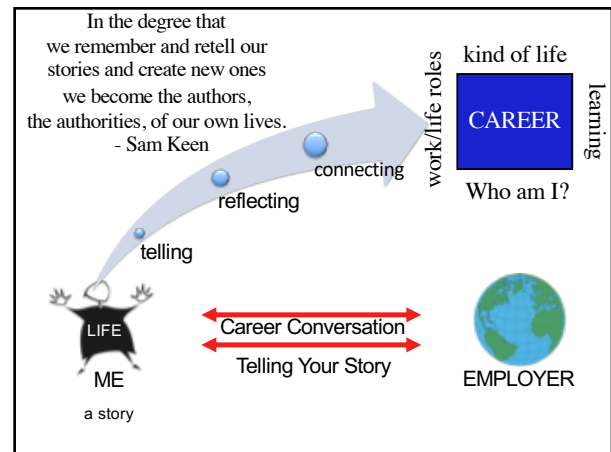
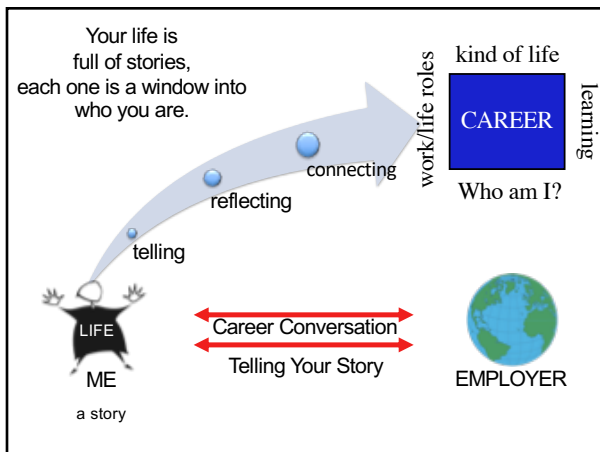
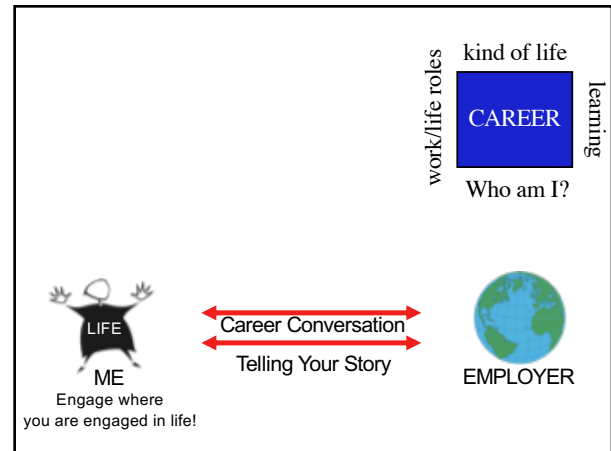
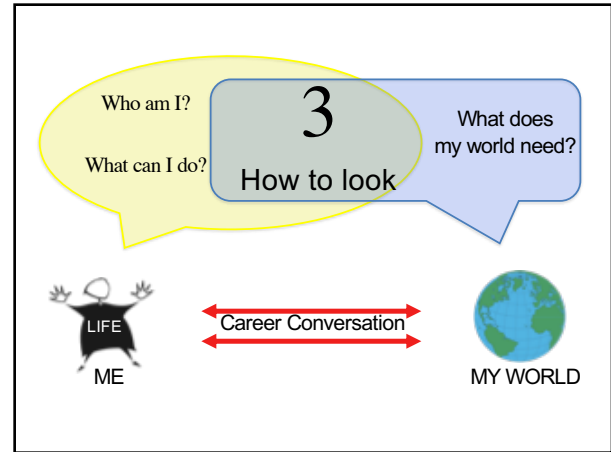
"The problem lies in our evaluation policies and practices where we interpret value (the root of evaluation) in measurable, standard, competitive ways that always guarantee that many people will not be valued much at all."

Dr. Carl Leggo  
Department of Language and Literacy Education  
University of British Columbia

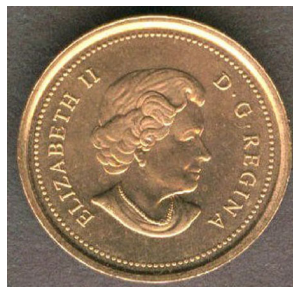








## The Penny



What do you see?  
How many details should you be able to see in a penny?

## TELLING

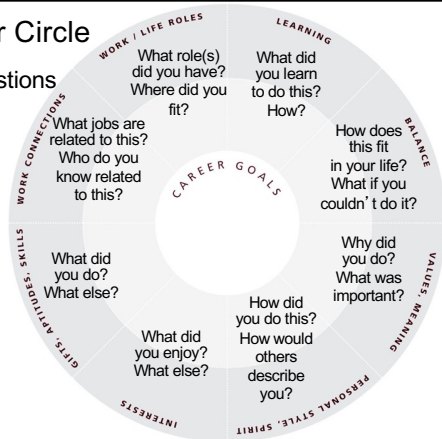
Look for story details:

- pick a favourite activity
- pick one specific experience
- ask questions based on the career circle



## My Career Circle

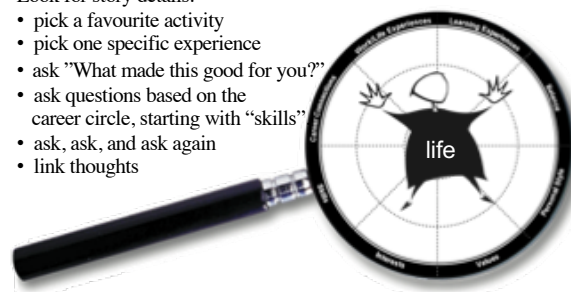
## Sample Questions



## TELLING

Look for story details:

- pick a favourite activity
- pick one specific experience
- ask "What made this good for you?"
- ask questions based on the career circle, starting with "skills"
- ask, ask, and ask again
- link thoughts



- list details as key words on paper visible to the storyteller

## REFLECTING

Look for patterns:

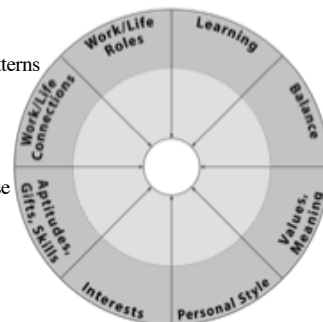
- ask, "What does this story say about you?"
- once the storyteller has seen all he/she can, point to things on the story detail list that haven't been mentioned and ask, "What does this point say about you?"
- list reflections as key words below the story details

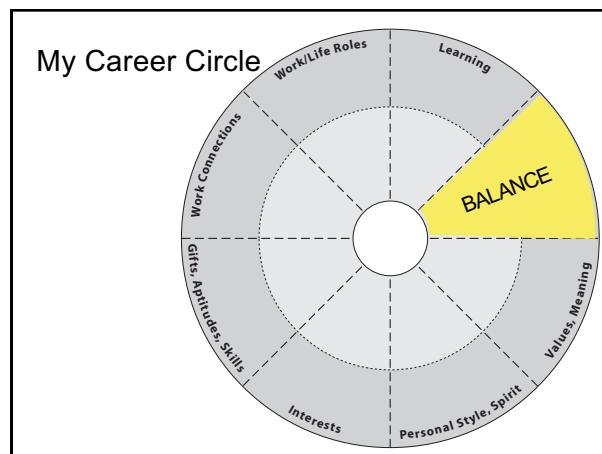
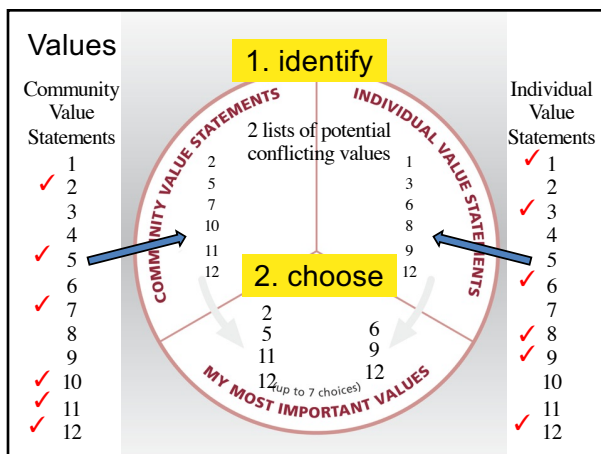
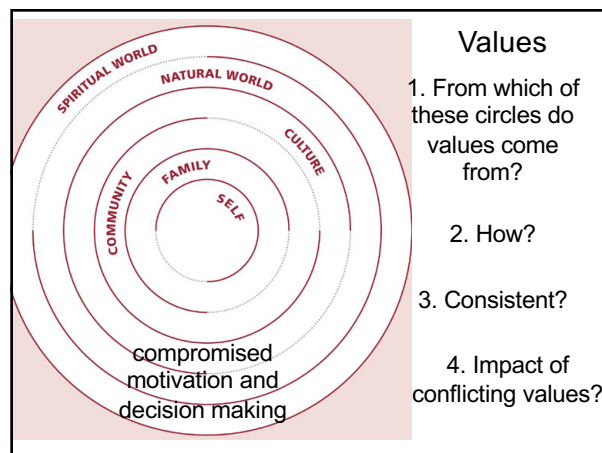
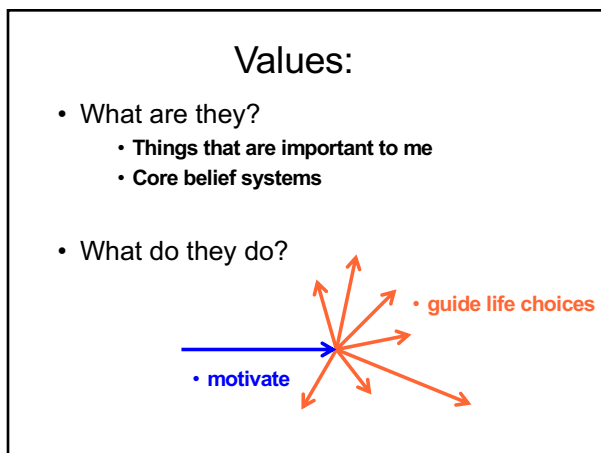
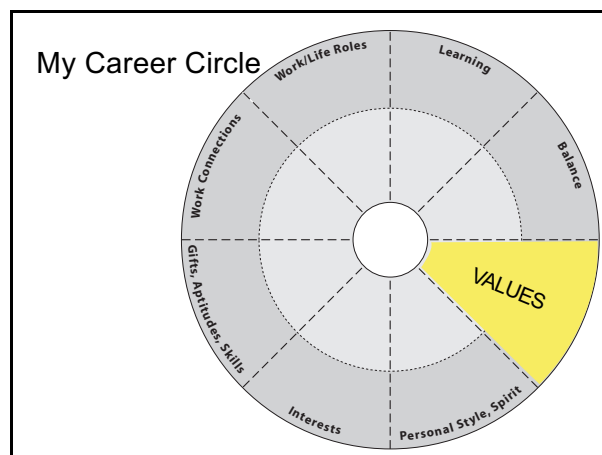
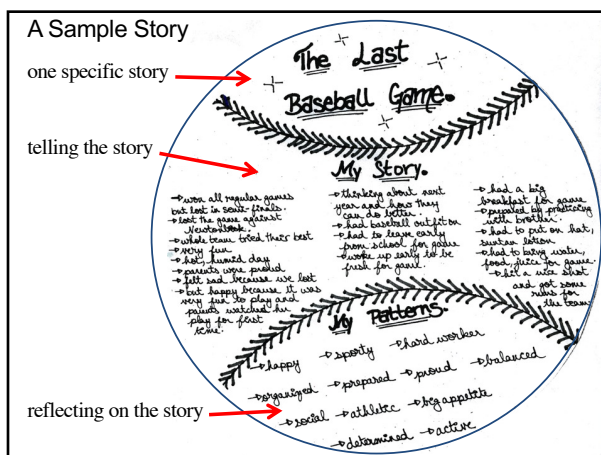


## CONNECTING

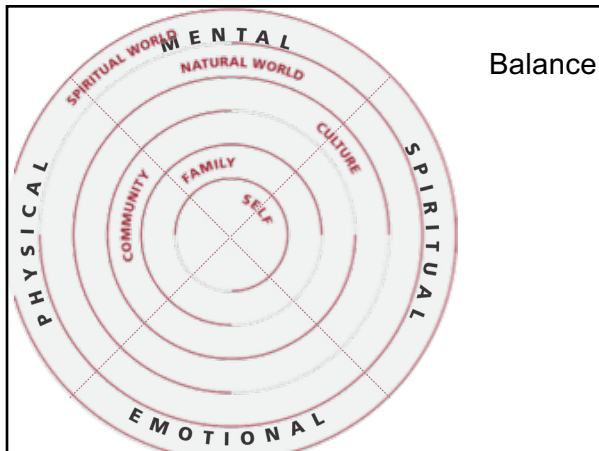
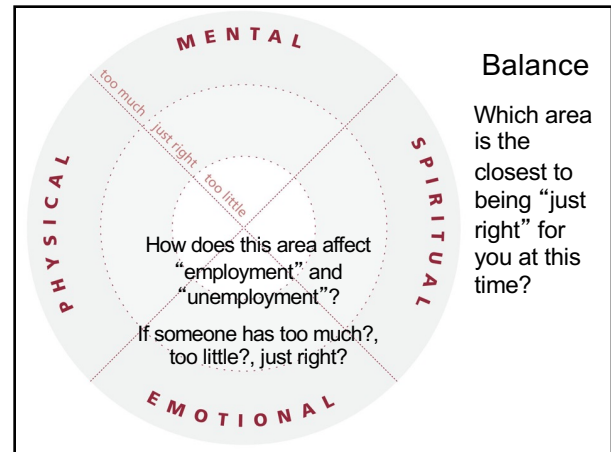
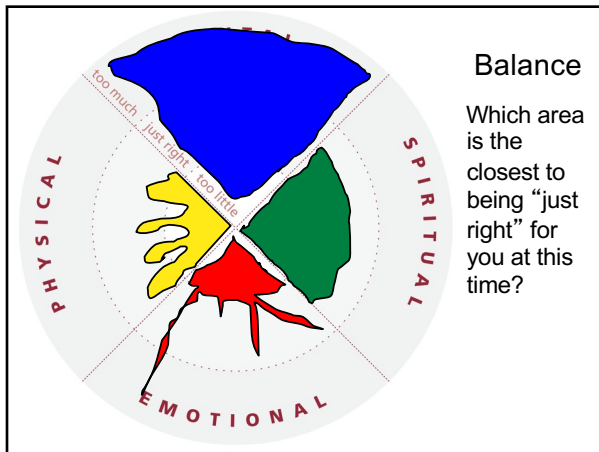
Look for connections:

- to life generally: ask, "Do you see any of these patterns in other parts of your life? Where?"
- to the career circle specifically: ask, "Where would you put these different patterns in your career circle?"
- to others: "Who could help you tell some other stories?"









- 2 Key Questions**
- Do you know everything there is to know about yourself?
  - Of the things you know about yourself, how much of it is completely accurate?

**Challenging Insight re Self-Assessment**

There will always be some incompleteness and some inaccuracy.

Does completeness and accuracy increase or decrease when one is struggling with issues such as depression or low self-esteem?

